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Personal Learning Theory

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Personal Learning Theory

Learning is a continuous process that never ends throughout an individual's life.

Therefore, while different learning theories are developed, my learning theory is primarily focused on behavioral theory and operative conditioning concepts. The learning process requires one to have different concepts of instruction. Elen & Clarebout (2008) claim that instructional design representations arise from the detailed, pragmatic setting created together with the inductive method. Therefore, learning will always be recognized by the variation in behavior and the immediate ecosystem which forms behavior. Also, behavior can be enhanced or deteriorated by the occurrence of support or penalty.

Moreover, I am certain that the ideologies of penalty, optimistic and adverse reinforcement can immensely change an individual's behavior. Reimann (2018) argued that learning theories are a planned set of principles that discuss how people obtain, recollect, and remember acquittances. The same source added that behaviorism theory is rooted in the work of B.F Skinner as well as the idea of operant conditioning. I have learned many things through behaviorism because the theory states that knowledge is available independently and separate from individuals. The behavioral theory uses descriptive perspectives to model and elucidates the real instructions procedures and their learning impacts (Reimann, 2018). I have adopted behavioral learning theory because it provides efficient information by giving out instructions. The theory understands the learner as someone who knows nothing and must be given the knowledge to acquire.

The theory posits that learning happens when new behaviors or variations in the behavior are obtained through relations between stimuli and responses. For example, I have learned to achieve many things through setting objectives. Therefore, this behavior has enabled me to

present measurable results through measurable objectives. This learning process is achieved by observing the variation in behavior. Another personal learning theory is operant conditioning because it makes me learn things through reinforcement and punishment. While in school, we were taught new learning by providing appositve reinforcement, and the negative behaviors were eliminated through adverse reinforcement. Cherry (2019) stated that operant conditioning is a learning approach that uses rewards and punishment for behavior. Therefore, our teacher played a critical role in changing our behaviors in the classroom because they provided inducement resources and immediately informed us to use the correct reaction. Also, another way the teacher used to shape my learning was by ensuring that I understood the concepts and gave me assignments, failure in completing the assignment I was punished. However, when I finished the assignment and passed it accordingly, I was rewarded with a present.

References

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